

# **RESOURCE GUIDE**

CHILD CARE & EARLY LEARNING • DOMESTIC VIOLENCE • DROP-IN CENTERS • DRUG & ALCOHOL TREATMENT • EDUCATION/ CAREER • FAMILY PLANNING/ REPRODUCTIVE HEALTH • FOOD RESOURCES • GENERAL HEALTH SERVICES • HOUSING/ SHELTER • LEGAL SERVICES • MENTAL HEALTH SERVICES • PARENTING EDUCATION • TEEN PARENT RESOURCES • OTHER RESOURCES







# This resource guide was compiled with the help of the Youth Justice Project Coalition

The Youth Justice Project (YJP) was created in 2015 by Community Legal Services and Philadelphia Legal Assistance to more holistically address the needs of youth living in poverty in Philadelphia. YJP seeks to transform advocacy on behalf of low-income and vulnerable youth ages 16 to 24 by: 1) Creating a holistic and age-sensitive model for legal representation, 2) Developing strategic community partnerships to facilitate referrals and share resources among youth advocates in Philadelphia, and 2) Advancing needed policy changes to ensure youth one transition suggestive for the second second

3) Advancing needed policy changes to ensure youth can transition successfully to adulthood.

# Members of the Youth Justice Project Coalition include:

Community Legal Services Philadelphia Legal Assistance Juvenile Law Center Education Law Center Youth Sentencing and Reentry Project Defender Association of Philadelphia The Pennsylvania DMC Youth/ Law Enforcement Corporation Legal Clinic for the Disable

# **TABLE OF CONTENTS**

### CHILD CARE/EARLY LEARNING....Page 1

Child Care Information Services Crisis Care Nurseries Pennsylvania Early Head Start After School Activities Partnership

### DOMESTIC VIOLENCE.....Page 3

Philadelphia Domestic Violence Hotline Lutheran Settlement House - Bilingual Domestic Violence Program Congreso—Latina Domestic Violence Project Women Against Abuse Women in Transition Women Organized Against Rape Menergy

### DROP-IN CENTERS.....Page 4

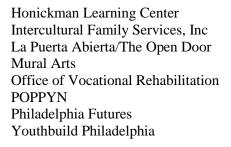
Achieving Independence Center (AIC) Attic Youth Center Eddie's House Project SAFE/Prevention Point Philadelphia Youth Health Empowerment Project (Y-HEP)

### DRUG/ALCOHOL TREATMENT......Page 5

Belmont Center For Comprehensive Treatment Bridges' Step Down The Bridge The Consortium CHANCES Cora Services, Inc. Gaudenzia Interim House, Inc. Interim House, Inc. Interim House West Kirkbride Center PATH, Inc. Penn Presbyterian Medical Center Shalom, Inc. Warren E. Smith

# EDUCATION/ CAREER.....Page 8

Achieving Independence Center (DHS) Career Link Center for Literacy Community College of Philadelphia Communities in Schools of Philadelphia Educational Opportunities Center



#### FAMILY PLANNING/ REPRODUCTIVE HEALTH......Page 11

Blacks Educating Blacks about Sexual Health Issues (BEBASH) Access Matters Teen Hotline Access Matters MOMobile Planned Parenthood of SE Pennsylvania Youth Health Empowerment Project

# FOOD RESOURCES.....Page 12

USDA National Hunger Hotline Why Hunger Hotline Farm to Families Program Greater Philadelphia Coalition Against Hunger MANNA Philabundance SHARE Food Program

### GENERAL HEALTH SERVICES.....Page 14 Philadelphia Public Health Centers

### HOUSING/ SHELTER.....Page 15

Achieving Independence Center (AIC) Covenant House Crisis Shelter Mother/Baby Program (DHS) Office of Emergency Shelter and Services Pathways PA People's Emergency Center (PEC) Salvation Army Eliza Shirley Supervised Independent Living (DHS) Valley Youth House Women Against Abuse Shelter Youth Emergency Services (YES) Runaway Youth Program (RYP) Crisis Nurseries







# LEGAL SERVICES.....Page 18

American Civil Liberties Union - PA AIDS Law Project **Community Legal Services** Defender Association of Philadelphia **Dependent Court Operations** Disability Rights Network Education Law Center HIAS PA Homeless Advocacy Project Juvenile Law Center Legal Clinic for the Disabled Mazzoni Center Legal Servers Nationalities Service Center Pennsylvania Health Law Project Philadelphia Legal Assistance Public Interest Law Center Support Center for Child Advocates Women Against Abuse Legal Center Women's Law Project Youth Sentencing and Reentry Project

# MENTAL HEALTH

**TREATMENT.....Page 22** Community Behavioral Health Belmont Center The Consortium Kirkbride Center Northwestern Center PATH, Inc. Philadelphia Health Management Corporation Warren E. Smith Health Centers

# PARENTING EDUCATION......Page 24

Adults in the Making Program Casa del Carmen Children's Aid Society Cora Services, Inc. ELECT Program Family School Northwestern Center Parent Action Network (DHS) Project Peace Turning Point for Children

#### **TEEN PARENT RESOURCES......Page 26**

Philadelphia Legal Assistance ELECT—School District of Philadelphia Nurse-Family Partnership Power to Parent—Educating Communities for Parenting Turning Points for Children EMBRACE Teen Pregnancy Program—Einstein Hospital Casa del Carmen Catholic Social Services Cora Services, Inc.

# OTHER INFORMATION.....Page 28

National Runaway Switchboard United Way First Call for Help Hotline

# **CHILD CARE & EARLY LEARNING**

If you need to find child care, the best place to start is calling the **Child Care Hotline at 1(888) 461-KIDS (5437).** They will help you find child care that is close by and is right for you and your child's needs. If you get cash assistance or SNAP (food stamps), the County Assistance Office will cover the full cost if you are in in an approved education, work, or job search program. If you do not get cash assistance or SNAP but still have a low income, you may qualify for subsidized child care through Child Care Information Services. Speak with them to find out more information.

If there is an emergency and you need someone to look after your child aged newborn-5 right away, for example if you need to stay in the hospital for a few days, call **Crisis Care Nurseries at (215)386-0251.** 

# ASAP: AFTER SCHOOL ACTIVITIES PARTNERSHIP

520 Locust Street, Suite 1004 Philadelphia, PA 19102 Phone: (215)545-2727 Website: http://www.phillyasap.org Justin Ennis, Director Email: jennis@phillyasap.org Services: ASAP organizes chess, debate, drama and scrabble after school clubs across the city. Its website also offers a directory of all after school programs in Philadelphia, that can be filtered by interest, location, age, and hours. Eligibility: Anyone. Referral Process: No referral necessary. Cost: Free.

#### **CHILD CARE INFORMATION SERVICES**

Hotline: 1(888) 461-KIDS (5437) Web: www.philadelphiachildcare.org North Philadelphia 642 N. Broad Street 6th floor, Wallace Building Philadelphia, PA 19130 Phone: (215)763-0100 Northeast Philadelphia 1926 Grant Avenue Philadelphia, PA 19115 Phone: (215)333-1560 **Northwest Philadelphia** 6350 Green Street Ground Floor Philadelphia, PA 19144 Phone: (215)842-4820 **South/Center City** 1500 S. Columbus Boulevard 2nd Floor, Magee Building

Philadelphia, PA 19147 Phone: (215)271-0433 **West/Southwest Philadelphia** 5548 Chestnut Street 2<sup>nd</sup> Floor Philadelphia, PA 19139 Phone: (215)382-4762

Services: Provide resources and referrals for child care, educational programs and family services throughout Pennsylvania, although they mostly work within Philadelphia. Individuals can call the hotline or stop in at one of the five centers to access information. The centers do not make recommendations, they can only provide information. They also have a subsidy program to help low income individuals pay for any licensed childcare facility and some unregulated childcare arrangements. Eligibility: Anyone may use the child care resource hotline or centers. To be eligible for the child care subsidy individuals must be Pennsylvania residents, both custodial parents must be working a minimum of 20 hours per week (10 of those hours can be job training or college classes), their children must be under the age of 13, and they cannot be receiving cash assistance from the Dept. of Public Welfare. Referral Process: No referral required. Cost: Free.

### CRISIS CARE NURSERIES Youth Services, Inc.

Baring House 3401 Baring Street Philadelphia, PA 19104 Angie Maury, Supervisor Phone: (215)386-0251 Email: amaury@ysiphila.org Sally Watson Center 5128 Wayne Avenue Philadelphia, PA 19144 Rhonda Johnson, Supervisor Phone: (215)844-6931 Email: rhjohnson@ysiphila.org

**Services:** The nurseries offer temporary childcare for children ages newborn-5 years for emergencies, and non-emergencies for 30-90 days per year. They also offer short-term crisis counseling, and make referrals for long-term issues. Baring House is open 24/7, and the Sally Watson center is open Monday through Friday, from 7 AM to 6 PM.

Eligibility: Children under 5 years old. Referral Process: No referral necessary. If nonemergent situation, parents should call beforehand to register. If emergency, do not need to call ahead. Cost: Free.

# PENNSYLVANIA EARLY HEAD START Children's Hospital of Philadelphia Karabots Pediatric Care Center

4865 Market Street Philadelphia, PA 19139 Phone: (267)425-9900 Fax: (267)425-9901 Donna Bibbs, Director Email: bibbs@email.chop.edu Eligible ZIP codes: 19139 & 19104

### **Germantown-Lehigh Early Head Start**

2515 Germantown Avenue Philadelphia, PA 19133 Phone: (215)278-2212 Fax: (215)278-2129 Rasheda Muhammad, Director Email: rmuhammad@gatewaycap.org Eligible ZIP codes: 19122, 19132 & 19133

# Health Federation of Philadelphia

100 W. Oxford Street Philadelphia, PA 19122 **Phone:** (215)223-5200 **Fax:** (215)223-4455 Icylee Basketbill, Community Outreach Specialist **Email:** ibasketbill@healthfederation.org **Eligible ZIP codes:** 19107, 19120, 19122, 19124, 19126, 19132, 19133, 19140 & 19141

# Maternity Care Coalition EHS Philadelphia

2000 Mifflin St. Philadelphia, PA 19145 Phone: (215)551-6330 Fax: (215)551-7287 Jessica Smith, Director Email: jsmith@maternitycarecoalition.org Eligible ZIP codes: 19145, 19146, 19147 & 19148

# Norris Square Civic Association Children Center

Organizes three EHS programs. Central Office: 174 W. Diamond Street Philadelphia, PA 19122 **Phone:** (215)426-8734 **Fax:** (215)426-5822 Joanii Marrero **Email:** <u>jmarrero@nscaphila.org</u> **Eligible ZIP codes:** 19122, 19133, 19134 & 19140

# The Children's Center

2011 N Masher Street Philadelphia, PA 19122 **Phone:** (215)455-1234

# **Grace Kid's Academy**

141 E. Hunting Avenue Philadelphia, PA 19124 **Phone:** (215)455-1234

# The Lighthouse

152 W Lehigh Avenue Philadelphia, PA 19133 **Phone:** (215)426-8734

**Services:** Each program's services vary. Possible services include prenatal education and support; weekly child-focused home visits; social services support; weekly parenting groups; monthly workshops for fathers; play groups and educational trips for parents and children; child development resources; services for children with disabilities; health assessments; access to health service coordinator; nutrition education; referrals to other resources; help in transitioning child to Head Start. **Eligibility:** Pregnant and parenting Philadelphia residents with children under 3 years old. They do not work with every person who applies for help, but consider the needs of each individual/family. Must live in eligible ZIP code.

**Referral Process:** No referral necessary. Clients can call or visit EHS programs. **Cost:** Free.

### **DOMESTIC VIOLENCE**

Domestic violence can happen to anyone of any age at any time. These organizations are available to help you - whether you just need someone to talk to, you want to leave, or you want help changing the situation.

In Philadelphia, the first place to turn for many survivors is **the Philadelphia Domestic Violence Hotline**, (1-866) 723-3014, which can help you with safety planning, finding emergency shelter, coordinating with a counselor, crisis intervention, and connecting you with many other resources.

It's confidential, free, and open 24/7.

Other options are listed below.

# LUTHERAN SETTLEMENT HOUSE -BILINGUAL DOMESTIC VIOLENCE PROGRAM

1340 Frankford Avenue Philadelphia, PA 19125 **Phone:** (215) 426-8610 x 1236 Web: http://www.lutheransettlement.org/ bilingual-domestic-violence-program-bdvp/ Services: Counseling, crisis intervention, accompaniment, support groups. court transitional housing; LGBT friendly. Eligibility: Income requirements apply for some services. Referral Process: No referral necessary. Cost: Free.

# CONGRESO DE LATINOS UNIDOS: LATINA DOMESTIC VIOLENCE PROJECT

216 W. Somerset Street Philadelphia, PA 19133 **Phone:** (215)763-8870 x 1210

Web: http://www.congreso.net/services/healthpromotion-and-wellness/domestic-violence/ Services: Counseling, support groups, resource

referrals, emergency relocation and housing assistance; for survivors and their children and families.

Eligibility: Income requirements apply for some services. Referral Process: No referral necessary. Cost: Free

# WOMEN AGAINST ABUSE

100 S. Broad Street, Suite 1341
Philadelphia, PA 19110
Phone: (215) 686-7082 (Legal Center) (215) 386-1280 (Other Services)
Web: www.womenagainstabuse.org
Services: Safe havens / emergency shelter and transitional housing, resource referrals, attorney representation and other courtroom advocacy.
Eligibility: Income requirements apply for some services.
Referral Process: No referral necessary.

**Cost:** Free.

### WOMEN IN TRANSITION

21 South 12th Street, 6th Floor Philadelphia, PA 19107 **Phone:** (215) 564-5301 (for General Inquiries) (215) 751-1111 (LifeLine, for counseling support) **Web:** http://www.helpwomen.org/wp/

Services: counseling, support groups, and resource referrals; speciality in substance abuse. Eligibility: Anyone.

**Referral Process:** No referral necessary. **Cost:** Free.

# WOMEN ORGANIZED AGAINST RAPE

One Penn Center 1617 John F. Kennedy Boulevard, Suite 1100 Philadelphia, PA 19103 **Phone:** (215) 985-3315 (for General Inquiries)

(215) 985-3333 (24/7 rape crisis hotline) Web: www.woar.org

**Services:** 24/7 confidential rape and sexual abuse hotline, accompaniment to court dates and forensic medical examination, walk in crisis counseling, drop in crisis support groups, individual counseling for adult, teen, and child survivors and parents of child survivors; special programming for men/boys, and LGBT.

# Eligibility: Anyone.

Referral Process: No referral necessary.

**Cost:** Fee can be waived, services are never denied due to an inability to pay. **MENERGY** 

7500 Germantown Avenue New Covenant Campus Elders Hall, Suite 5 Philadelphia, PA 19119 **Phone:** (215) 242-2235 (English) (267) 625-6135 (Spanish)

Web: http://www.menergy.org/

**Services:** Individual evaluation, beginner and advanced group counseling sessions for people who are perpetrators in abusive relationships; the partners of participants are involved, and there is a special group for women.

# Eligibility: Anyone.

**Referral Process:** No referral necessary. **Cost:** Sliding scale; insurance may cover.

### **DROP-IN CENTERS**

# ACHIEVING INDEPENDENCE CENTER (AIC)

1415 North Broad Street, Suite 100, Philadelphia, PA 19122
Phone: 215-574-9194
Web: valleyyouthhouse.org
Services: A communal space for DHS/foster care youth 14 to 21 years old. Offers coaching and help with education, employment, computer literacy, housing and life skills. No ID required. Youth must complete paperwork for services.
Hours: Mondays-Thursdays 12 p.m. – 7 p.m., Friday 12 p.m. – 5 p.m.

**Eligibility:** Only youth in DHS care or foster care placement on or after their 14th birthday are eligible for services.

**Referral Process:** Youth may go to intake at AIC center without previous DHS referral, although DHS does do many referrals. **Cost:** Free

# **ATTIC YOUTH CENTER**

255 S. 16th Street
Philadelphia, PA 19102
Phone: 215-545-4331
Web: www.atticyouthcenter.org
Services: Drop-in center for LGBT youth 14 to 23 years old. Services offered include food and

subway tokens, support groups (transgender group, relationship group), activity groups (career readiness, academic enrichment, arts and culture, youth leadership, health and wellness), job and internship opportunities, case management (for housing and medical care), free and confidential HIV testing and safer sex supplies. No ID required. **Hours:** Mondays-Tuesdays 3 p.m. – 7 p.m.; Wednesdays-Fridays 3 p.m. – 8:30 p.m. **Eligibility:** LGBT youth 14 to 23 years old. **Referral Process:** No referral necessary. **Cost:** Free.

#### **EDDIE'S HOUSE**

5100 & 5101 Spruce Street
Philadelphia, PA 19139
Phone: 215-301-3273
Web: www.eddieshouse.org
Services: Offers access to phones, computers, printers, faxes and mail for youth 18 to 25 years old. Provides food, clothes, book bags, school supplies, toiletries, support groups, tutors and meals on Tuesdays and Wednesdays at 6:30 p.m. No ID required.
Hours: Mondays, Wednesdays and Fridays 12 p.m. – 9 p.m.; Tuesdays 4 p.m. – 8 p.m.
Eligibility: Youth 18-25 years old.

**Referral Process:** No referral necessary. **Cost:** Free.

# PROJECT SAFE/PREVENTION POINT PHILADELPHIA

2913 Kensington Avenue Philadelphia, PA 19134 **Services:** Offers safe space, food, harm reduction supplies, showers and laundry for women and girls. No ID required. **Hours:** Tuesdays 6 p.m. – 9 p.m. **Web:** ppponline.org/calendar/drop-center **Eligibility:** Women and girls. **Referral Process:** No referral necessary. **Cost:** Free.

# YOUTH HEALTH EMPOWERMENT PROJECT (Y-HEP)

1417 Locust Street, 3rd floor Philadelphia, PA 19102 Dial 301 on the call box to be buzzed in for the Drop-In Center.

**Phone:** 215-564-6388 Web: www.y-hep.org/programs-andservices/empowerment-center/ Services: A drop-in center for youth 13 to 24 years old. Offers a safe space and 1 to 2 meals per day, shower access, laundry services, personal care items (socks, underwear, toothbrushes, toothpaste, combs, tampons, maxi pads, deodorant, etc.), clothing, emergency food cupboard, safer sex supplies and subway tokens. Activities offered include art therapy, trans support groups, music exercises job search classes, educational workshops and various types of support and discussion groups. No ID required. **Hours:** Mondays from 6 p.m. -10 p.m.; Tuesdays 11 a.m. - 3 p.m.; Wednesdays 1 p.m. -3 p.m.; Thursdays 10 a.m. – 12:30 p.m.; Fridays 11 a.m. – 3 p.m. Eligibility: Youth 13-24 years old.

**Referral Process:** No referral necessary. **Cost:** Free.

# DRUG AND ALCOHOL TREATMENT

Community Behavioral Health (CBH) is an organization run by the city of Philadelphia which both provides insurance coverage for low-income individuals on medical assistance through the Department of Human Services, and refers individuals to drug and alcohol and behavioral health treatment services in Philadelphia.

**CBH has a 24/7 hotline at 1(888) 545-2600** to provide information about coverage for services, or referral help.

#### **BELMONT CENTER FOR COMPREHENSIVE TREATMENT** 4200 Monument Board

4200 Monument Road Philadelphia, PA 19131 Phone: (844)298-4070 Web: http://www.belmontbehavioral.com/ Services: Provides inpatient and outpatient services for the treatment of substance addictions and dual diagnosis in children (5-12), adolescents (12-18), and adults (18 and over). It is NOT a detox or rehab facility. It is also not permitted to handle people in crisis.

# Eligibility: Anyone.

**Referral Process:** If not in crisis, individuals can call to schedule an evaluation for both in and outpatient services. If urgent, they will try to

schedule a same day evaluation. **Cost:** Covered by public and private insurance. If not insured, individuals must provide money (\$3000+) upfront. **BRIDGES' STEP DOWN** 4126 - 28 Parkside Avenue Philadelphia, PA 19104 Phone: (215)871-5944; 0300 Web: http://www.phmc.org/site/32-misc/sharedprograms/154-bsd Services: A transitional housing program that offers housing to women recovering from addiction and up to three of their children Eligibility: Women recovering from addiction with up to three children under the age of 12. Referral Process: No referral necessary.

**Cost:** Clients are funded through Coordinating Office for Drug and Alcohol Abuse Programs (CODAAP). Client must be willing and able to pay 20% of income for fees, and 20% of income for savings. Clients pay for their own gas and electricity in apartment.

### **THE BRIDGE**

1100 Adams Ave. Philadelphia, PA 19124 **Phone:** (215)342-5000

Web: http://www.thebridgephiladelphia.org/site/ Services: Inpatient program provides substance abuse and dual diagnosis counseling for adolescent boys aged 13-19. The program lasts for 3-9 months and includes individual, group and family therapy, life skills activities, prevocational and vocational training, participation in the Bridge's private licensed school, and psychiatric and medical services. Outpatient program provides substance abuse and dual diagnosis individual and family therapy, DUI therapy and education, and diagnostic evaluations for all ages and genders. Eligibility: Inpatient: male adolescents between the ages of 13-19 with chemical dependency. Outpatient: Anyone with substance abuse problems.

**Referral Process:** No referral necessary. **Cost:** Most people are covered by Medicaid and CBH.

#### THE CONSORTIUM

Adult program: 451 University Avenue
Philadelphia, PA 19104
Child program: 26 South 40th Street
Philadelphia, PA 19104
Phone: (215)596-8000 (adult addiction services) (215)596-8300 (child addiction services)
Web: http://www.consortium-inc.org/home.html
Services: Provides outpatient methadone
maintenance, drug and alcohol, and dual
diagnosis programs for adults 18+. Each
involves individual and group counselling. They
will cover transportation costs.

They also provide court-ordered services to adolescents (typically 13-18), although they also have adolescents voluntarily utilize their program. They provide mental health and drug and alcohol service, dual diagnosis, group and individual therapy, case management, and recreational programming for adolescents. **Eligibility:** Philadelphia residents 13+. **Referral Process:** No referral necessary. **Cost:** Cost covered by public and private insurance. They will help individuals arrange public insurance.

#### CHANCES

1200 Callowhill Street, Suite 102 Philadelphia, PA 19123 **Phone:** (215)923-0218

Web:http://www.phmc.org/site/programs/behavi oral-health-services/drug-and-alcohol-treatment Services: Drug and alcohol outpatient program for women with or without children. Provides comprehensive therapeutic, educational, and support services, including parenting classes, life skills, adult education and family literacy. Offers on-site child programming.

**Eligibility:** Women 18+, drug and/or alcohol dependent and can include co-occurring mental health disorders. Children must be 6 years or younger for the childcare program.

**Referral Process:** No referral necessary. **Cost:** All CBH approved insurances.

# CORA SERVICES, INC.

8540 Verree Road Philadelphia, PA 19111 Phone: (215)342-7660 Web: http://coraservices.org/ **Services:** Provides weekly outpatient individual counseling for drug and alcohol. Separate programs for adolescents (10-18) and adults (18+).

**Eligibility:** Philadelphia resident. Cannot have private insurance.

**Cost:** Covered by medical assistance, or they will help clients get medical assistance if they do not have insurance.

# GAUDENZIA

1306 Spring Garden Street
Philadelphia, PA 19123
Phone: (215)238-2163
Web: www.gaudenzia.org
Services: Provides in and outpatient drug and alcohol services for adolescents and adults.
Eligibility: Pennsylvania residents.
Referral Process: No referral necessary.

**Cost:** Covered by CBH and BHSI, and many private insurance plans.

### **INTERIM HOUSE, INC.**

333 West Upsal Street Philadelphia, PA 19119 Phone: (215)849-4606 Web: http://www.interimhouse.org/ **Services:** Offers a residential treatment program for women 18+ with substance abuse and mental health disorders, and outpatient group and individual counselling, as well as education, fitness, health and nutrition, and vocational support.

**Eligibility:** Women without children. **Referral Process:** Not necessary. **Cost:** Covered by CBH, will coordinate financial support for uninsured individuals.

# **INTERIM HOUSE WEST**

4108 East Parkside Avenue
Philadelphia, PA 19104
Phone: (215)871-0300
Web:http://www.phmc.org/site/affiliates/interim
-house-west-facilites-inc
Services: Inpatient substance abuse treatment
program for pregnant or parenting women and
up to three of their children. Women will have
their own room, or suite if larger family.
Eligibility: Pregnant or parenting woman.
Referral Process: No referral necessary.
Cost: Covered by medical assistance, if no
insurance, they will help find a way to cover the costs.

#### **KIRKBRIDE CENTER**

111 North 49th Street Philadelphia, PA Phone: (215)471-2600 Web: www.kirkbridecenter.com Services: Provides detox, short and long term rehabilitation for adults (18+) with substance abuse issues, or dual diagnoses. The inpatient drug and alcohol rehabilitation services include individual, group and family therapy, methadone maintenance, 12 step program facilitation, medication management, recreation programs and case management services which help to develop viable continuing care plans for each patient. Eligibility: Aged 18+. Referral Process: No referral necessary. Cost: Covered by most insurance plans, including Medicaid and Medicare, and CBH and BHSI.

# PATH, INC.

8220 Castor Avenue
Philadelphia, PA 19152
Phone: (215)728-4565
Web: http://www.pathcenter.org/index.htm
Services: Provides individual outpatient
counselling for adults (18+), and individual and
family counselling for teenagers (14-18) at risk
of or experiencing substance abuse problems.
Eligibility: Cannot have used drugs or alcohol
in 30 days prior to intake. Philadelphia resident
receiving medical assistance, or Northeast
Philadelphia resident with no insurance.
Referral Process: No referral necessary.
Cost: Covered primarily by medical assistance.

# PENN PRESBYTERIAN MEDICAL CENTER

3910 Powelton Avenue Philadelphia, PA 19104 Phone: (215)662-8747 Web:http://www.med.upenn.edu/psych/presbyte rian\_overview.html Services: Assessment Center assesses, and refers individuals to various programs, including Penn's two programs. Inpatient medical detoxification and outpatient addiction treatment programs are on-site. Both involve individual and group counseling, psychoeducational sessions, family support, and AA, NA or CA meetings. Eligibility: Philadelphia resident aged 18-65.

**Referral Process:** Not necessary. **Cost:** Covered by most major insurance plans

including Medicaid, HMO and CBH.

# SHALOM, INC.

1080 North Delaware Avenue, Suite 202 Philadelphia, PA 19125 **Phone:** (215)425-7727 ext. 311 **Web:** www.shalominc.com **Services:** Provides outpatient prevention, intervention, and treatment programs for children, adolescents and adults with substance abuse problems drug and alcohol and mental health services for adolescents up to age 18 and adults over age 18. Offers group, individual and family therapy. Has bilingual psychiatrist. Also has court-ordered DUI program. New smoking cessation program starting, but not yet covered by insurance.

**Eligibility**: Anyone with substance abuse and or mental health problems.

Referral Process: No referral necessary.

**Cost**: Most insurance plans accepted, including CBH insurance.

# WARREN E. SMITH HEALTH CENTERS

1315 Windrim Avenue
Philadelphia, PA 19141
Phone: (215)456-2626
Web: http://www.drwes.org/philadelphia.aspx
Services: Provides intensive outpatient program for adolescents with substance abuse, and dual diagnoses.
Eligibility: Adolescents up to 18, or 18-20 with juvenile charges.
Referral Process: No referral necessary.
Cost: Cost covered by public insurance, or BHS.

# **EDUCATION/CAREER**

If you are under 21, are in or have been in DHS care, and are receiving cash assistance or food stamps, the GED test fee as well as the cost of any books needed for GED or other education and training, is covered by the Department of Human Services. Often your caseworker will not offer these allowances to you unless you ask. If you are denied, ask to speak to the supervisor, appeal the denial, or call Philadelphia Legal Assistance or Community Legal Services for help.

# ACHIEVING INDEPENDENCE CENTER (DHS)

1601 Cherry Street, 9th Floor. Philadelphia, PA 19122 Phone: (215)574-9194 Fax: (215)574-9196 Services: Education support, including reenrolling for high school and preparation for higher education; hands-on job training; technology training; housing support; life skills training. Each youth works one on one with a case manager.

**Eligibility:** Youth must be between 16-21 years old and be in or have been in out-of-home placement at or after the age of 16.

**Referral Process:** Youth may go to intake at AIC center without previous DHS referral, although DHS does do many referrals. **Cost:** Covered by DHS.

# **CAREER LINK**

**Web:** http://www.philaworks.org/career-link/home

### Northwest Philadelphia

5847 Germantown Avenue Philadelphia, PA 19144 Phone: (215) 987-6503 West Philadelphia 5070 Parkside Ave., 5th fl (interim location) Philadelphia, PA 19131 Phone: (215) 473-3630

# North Philadelphia

4261 N. 5th St. (Bristol St.) Philadelphia, PA 19140 **Phone:** (215) 967-9711

### **Philadelphia Suburban Station**

1617 JFK Boulevard, 2nd Floor Philadelphia, PA 19103 **Phone:** (215) 557-2625

Services: Four centers throughout the city offer skills and interest assessments, job skill training, and job search services, such as resume and cover letter advice, workshops, access to job listings databases, and use of computers to apply online for job openings. Eligibility: Age 17 and over. Referral Process: No referral necessary. Individuals need to register online (www.jobgateway.pa.gov), or visit centers for intake (times vary, call ahead to find out). Individuals will need two forms of ID and SSN. **Cost:** Free.

# **CENTER FOR LITERACY**

399 Market Street, Suite 201
Philadelphia, PA 19106
Phone: (215)474-1235
Services: Provides Adult Basic Education (ABE), pre-GED, GED, and ESL classes, family literacy programs, and tutoring. Individuals must call to schedule an orientation appointment. At the appointment they will be evaluated to determine the best fit in terms of class level.
Eligibility: Age 17 and older.
Referral Process: No referral necessary.
Cost: Classes and books are free.

# COMMUNITY COLLEGE OF PHILADELPHIA

1700 Spring Garden St. Philadelphia, PA 19130 **Phone:** 215-751-8000

Services: Community College of Philadelphia is an open-admission, associate-degree-granting institution which provides access to higher education for all who may benefit. Its programs of study in the liberal arts and sciences, career technologies, and basic academic skills provide a coherent foundation for college transfer, employment and lifelong learning. Eligibility: To learn more about programs, how to apply, financial aid, and more, visit: http://www.ccp.edu/getting-started.

# COMMUNITIES IN SCHOOLS OF PHILADELPHIA

**Education Leading to Employment and Career Training (ELECT)** 440 North Broad Street

Philadelphia, PA 19130 Phone: (215)400-6510 Tempest Burgess E-mail: tburgess@philasd.org Web: http://website2013.cisphl.org/program/ele ct-teen-parent-classrooms/ Services: ELECT assists pregnant/expecting

mothers and fathers with parenting/pregnancy support and academic support. It works with students still in high school or GED programs, and helps them transition into jobs, college, or vocational training. **Eligibility:** Pregnant/expecting or parenting students up to the age of 22 attending high schools in Philadelphia (does not have to be a public high school).

**Referral Process:** No referral necessary. A student can reach out directly to ELECT, who will then connect student to case manager at her/his school. **Cost:** Free.

# EDUCATIONAL OPPORTUNITY CENTER

Penn State Office 1617 JFK Boulevard, Suite 425 Philadelphia, PA 19103 **Phone:** (215) 246-3505 **Web:** http://equity.psu.edu/eocphila All zip codes eligible.

#### **UPenn Office**

220 South 40<sup>th</sup> Street, Suite 260 Philadelphia, PA 19104 Phone: (215) 573-8000 Web: http://equity.psu.edu/eocphila Eligible ZIP codes: 19104, 19139, 19146, 19147 + others with referral.Services: Programs for students who want to return to high school, or attend post-secondary education. Career counselors assist with finding the right post-high school program to enroll in, filling out financial aid forms, locating applicable scholarships and career planning, and GED/Diploma referrals in Philadelphia. Eligibility: US citizens aged 19 and older. Referral Process: No referral necessary if individual lives in ZIP code for UPenn office. Referral never necessary for Penn State office. Call before visiting. Cost: Free.

# HONICKMAN LEARNING CENTER

1936 N. Judson Street Philadelphia, PA 19121 **Phone:** 215-235-2900

Web: projecthome.org/locations/honickmanlearning-center-and-comcast-technology-labs Services: Offers adult education classes, G.E.D. prep, financial aid assistance, college entrance prep and tutoring services. No ID required. Hours: Monday-Friday 9 a.m. to 5 p.m. Eligibility: Age limit varies based on the program. **Referral Process:** None. **Cost:** Free.

### INTERCULTURAL FAMILY SERVICES

4225 Chestnut Street Philadelphia, PA 19104 **Phone:** 215-386-1298 ext. 288 **Web:** www.ifsinc.org/ **Services:** Offers internships as well as violin, piano, guitar, vocal arts, hip-hop dance, martial arts, sewing and African drumming classes.

# LA PUERTA ABIERTA/THE OPEN DOOR

2141 North Howard Street
Philadelphia, PA 19122
Phone: 610-745-1952
Web: icfamwell.org/content/our-local-work-current-programming
Services: Offers free visual arts and storytelling workshops, gardening programs and mentorship for newly arrived uninsured immigrant youth.
All services provided in Spanish.
Eligibility: Immigrant youth. Children younger than 14 must have parental permission.

#### MURAL ARTS

1727-29 Mount Vernon Street
Philadelphia, PA 19130.
Phone: 215-685-0750
Web: www.muralarts.org
Services: Offers free year-round art instruction for youth 10 to 22 years old (introductory, intermediate and advanced levels) as well as summertime jobs and internships.
Eligibility: Youth 10- 22 years old.

### OFFICE OF VOCATIONAL REHABILITATION

444 North 3<sup>rd</sup> St., 5<sup>th</sup> Floor Philadelphia, PA 19123 **Phone:** (215) 560-1900; TTY (215) 560-6144 **Services:** The Pennsylvania Office of Vocational Rehabilitation (OVR) serves people with disabilities that present substantial impediment to their employment. Services may include evaluation and diagnosis, counseling and guidance, training, assistance developing job skills and locating employment opportunities, and aiding in job adjustment.

**Eligibility:** Have a physical or mental disability that causes an impediment to employment, able

to benefit from services, and need services to enter, engage in, obtain, or retain gainful employment.

**Referral Process:** Any interested individual can apply by contacting OVR using the contact information above. **Cost:** Depends on income.

#### **POPPYN**

Gladfelter Hall, 4th floor, 1115 West Berks Mall Philadelphia, PA 19122. Phone: 215-204-6276 Web: whatspoppyn.blogspot.it/ Email: Apply for internships at whatspoppyn@gmail.com Services: Offers internships at a youth-produced news show that covers issues and initiatives that affect young people in Philly. POPPYN broadcasts on the local public access channel, and in high school and college classrooms. Based at the University Community Collaborative at Temple University.

# PHILADELPHIA FUTURES

230 South Broad Street
7th Floor
Philadelphia, PA 19102
Phone: 215.790.1666
Web: www.philadelphiafutures.org
Services: Provides Philadelphia's low-income, first-generation-to-college students with the tools, resources and opportunities necessary for admission to and success in college. Provides services to both high school and college students to access and stay in college.
Eligibility: Depends on program. Generally, must be first in your family to go to college.
Cost: Free.

# **YOUTHBUILD PHILADELPHIA**

1231 N. Broad St.
Philadelphia, PA 19122
Phone: (215) 627-8671
Web: www.youthbuildphilly.org
Services: Youthbuild offers a second chance to earn a high school diploma and prepare for college and career.
Eligibility: Out-of-school youth aged 18-20 who are Philadelphia residents are eligible.
Cost: Free.

# FAMILY PLANNING/REPRODUCTIVE HEALTH

There are many family planning clinics in Philadelphia that provide confidential services for teenagers (male and female) at no cost. **To find one of these clinics in your neighborhood, call Access Matters Teen Hotline at (215) 985-3300.** Family planning services can be accessed directly without a referral from a primary care physician.

If you are pregnant, most health care providers are able to provide or refer you for counseling about your options regarding your pregnancy. Options counseling involves discussing topics such as carrying the child to term, abortion, and adoption. For more resources on options counseling, call the CHOICE hotline at 215-985-3300 if you are in Philadelphia and 1-800-848-3367 outside of Philadelphia. You can also call your local health care center or search online for a local health care center near you.

In addition to family planning clinics, there are many other organizations, such as the ones below, that can help you get the medical care, family planning, and materials that you need.

# BLACKS EDUCATING BLACKS ABOUT SEXUAL HEALTH ISSUES (BEBASHI)

1217 Spring Garden Street, 1st Floor Philadelphia, PA 19123
Phone: (215)769-3561
Fax: (215)769-3860
Web: www.bebashi.org
Services: Provide testing for HIV/AIDS, syphilis, gonorrhea, chlamydia and pregnancy, as well as counseling, support groups and case management for individuals with HIV/AIDS.
Offer free condoms and risk management counseling for individuals who come in for testing to prevent future risk.
Eligibility: Anyone.
Referral Process: No referral necessary.
Cost: Free.

# ACCESS MATTERS TEEN HOTLINE

**Phone:** (215) 985-3300 (English) **Phone:** (215) 985-3350 (Spanish) **Toll-Free:** (800) 848-3367

# Or text ASK CHOICE to 66746

**Services**: Hotline (during business hours) answers questions about birth control, contraception, pregnancy, prenatal care, abortion HIV/AIDS and STDs. Refers clients, including teens, to family planning clinics throughout the city, case management services, medical services, HIV testing. Their Need2Know texting initiative allows anyone to text their basic information (zip code and desired services) and get a timely response; Need2Know offers the same information that the hotline does. **Eligibility**: Anyone. **Referral Process**: No referral necessary. **Cost**: Free.

### ACCESS MATTERS

1700 Market Street, 18<sup>th</sup> floor Philadelphia, PA 19103 **Phone:** (215)985.2600 **Services:** Provides detailed information about female and male reproductive health issues, confidential HIV/AIDS and STD testing, contact information for Philadelphia health centers and run the Teen Hotline and Need2Know Texting Initiative. They also have trainings and advocacy for community outreach, a teen pregnancy prevention education class, family planning program, case management, and they provide assistance to individuals applying for benefits. **Eligibility:** Anyone.

**Referral Process**: No referral necessary. **Cost**: Free.

### MOMOBILE

Maternity Care Coalition 200 Hamilton St., Suite 205 Philadelphia, PA 19130 **Phone:** (215)972-0700 **Web:** www.momobile.org **Services:** MOMobile Advocates drive distinctive brightly-colored mini-vans through nine Philadelphia, Montgomery, Delaware and Bucks county neighborhoods, reaching out to atrisk pregnant and newly parenting adolescents and women. Work with families to develop a plan for getting the help they need and link families to healthcare, education, job training, childcare, public benefits, and housing. Provide education on health and wellness issues, child development and refer to needed services and resources. Distribute baby supplies and emergency food.

**Eligibility**: Pregnant and parenting families. **Referral Process**: No referral necessary. **Cost**: Free.

#### PLANNED PARENTHOOD OF SOUTH EASTERN PENNSYLVANIA

Locust Street Center and Surgical Center 1144 Locust Street Philadelphia, PA 19107 Phone: (215)351-5500

# **Elizabeth Blackwell Health Center**

1211 Chestnut Street, 4th Floor Philadelphia, PA 19107

**Phone:** (215) 496-9696

# **Castor Avenue Center**

8210 Castor Avenue Philadelphia, PA 19152 **Phone:** (215) 745-5966

# **Toll-free:** 1(800)230-7526

Web: www.ppsp.org

**Services**: Provides comprehensive reproductive health care, including birth control, prenatal care, screenings for sexually transmitted infections, screening for cervical and testicular cancer, emergency contraception, and gynecological exams. Provides information on different types of birth control alternatives including natural family planning. Provides confidential support groups for adolescents with HIV.

**Eligibility**: Services are available for anyone, except the adolescent support groups, which are for those age 13-19.

Referral Process: No referral necessary.

**Cost**: Services are covered by most insurance providers or are provided on a sliding fee scale based on household size and income. Services will not be denied for an inability to pay at the time of the visit.

# YOUTH HEALTH EMPOWERMENT PROJECT, Philadelphia Fight

1417 Locust Street
Philadelphia, PA 19102
Phone: (215)564-6388
Services: Drop-in center for youth age 13-24. They provide case management, individual and group therapy (separate female and male support groups), food, clothing, showers,

laundry, social network building, computers, art, spoken word, hip hop, yoga, and salsa classes. Family planning clinic provides reproductive health information. Youth may bring their own children. SEPTA tokens are provided (if you go to the drop-in center, you get one token; if you go to the drop-in center and attend a group, you get two tokens).

Hours are Monday 6:00-10:00 pm; Tuesday 11:00 am – 3:00 pm; Wednesday 1:00-3:00 pm; Thursday 11:00 am-3:00 pm; and Friday 11:00 am-3:00 pm.

Health clinic hours: Monday 1:00-9:00 pm; Tuesday-Friday 9:00am-5:00 pm. **Eligibility**: Anyone age 13-25.

**Referral Process**: No referral necessary. **Cost**: Free.

# FOOD RESOURCES

If you need food immediately, call the USDA National Hunger Hotline at 1-866-3-HUNGRY(486479) or the Why Hunger Hotline at 1-800-5-HUNGRY(486479). Operators will connect you to emergency food providers, soup kitchens, government assistance programs, and social services. Other food assistance resources are listed below. You may qualify for Supplemental Nutrition Assistance Program (SNAP), or food stamps. SNAP provides a certain amount of money each month that can be used to buy food. To apply for SNAP (food stamps), you can call the County Assistance Office's Customer Service Center at (215) 560-7226. You can also apply online at <u>www.compass.state.pa.us</u>.

# FARM TO FAMILIES PROGRAM

New Kensington CDC – NKCDC Garden Center

1825 Frankford Ave Philadelphia, PA **Phone:** 215.427.0350 x110 Email: f2f@nkcdc.org St. Christopher's Hospital for Children 3601 A Street in the Nelson Pavilion Lobby (Free parking tokens provided) Phone: 215-910-2901 Email: f2f.schchildren@gmail.com St. Mary Medical Center at Queen of the **Universe Parrish** 2477 Trenton Road Levittown, PA 19056 **Phone:** 215.710.4163 St. Mary Medical Center at Our Lady of **Fatima School Center** 2913 Street Road Bensalem, PA 19020 Phone: 215.710.4163

**Services:** Supplies North Philadelphia families with boxes of fresh produce at a reduced cost. Additional fresh items including local eggs, meat, and seafood are also offered at affordable prices.

**Cost:** \$10-\$15 per week. Orders are taken one week in advance and cash, credit, and SNAP benefits are all accepted for payment.

# GREATER PHILADELPHIA COALITION AGAINST HUNGER

1725 Fairmount Ave., Unit 102 Philadelphia, PA 19130 **Phone:** 215-430-0555

Web: <u>http://www.hungercoalition.org</u>

**Services:** Resource for food security/initiatives in Philadelphia. Website contains a map with locations and contact information for over 500 food pantries in the Philadelphia area.

**Eligibility:** Depends on food pantry/resource. Most only have an income cap. **Cost:** None.

# MANNA

2323 Ranstead St.
Philadelphia, PA 19103
Phone: 215-496-2662
Web: www.mannapa.org
Services: Delivers meals to people who are struggling with a life-threatening illness.
Eligibility: Must have a qualifying illness with a nutritional risk. Call 215-496-2662 x5 to apply.
Cost: Free.

# PHILABUNDANCE

3616 South Galloway Street Philadelphia, PA 19148 Phone: (215) 339-0900 Hunger Hotline: 1-866-348-6479: Spanish 1-877-842-6273 Web: http://www.philabundance.org Services: Network of nearly 400 member agencies including food cupboards, shelters, emergency kitchens and more. Call the Hunger Hotline Monday-Friday 8:00 am-8:00 pm for help. Cost: Free

Cost: Free.

# SHARE FOOD PROGRAM

2901 W. Hunting Park Avenue Philadelphia, PA 19129 **Phone:** 215-223-2220 **Web:** www.sharefoodprogram.org **Services:** Receive approximately \$35 to \$45 worth of quality frozen meats, fresh fruits and vegetables, and shelf stable items at approximately 50% savings in exchange for volunteering 2 hours at SHARE or somewhere in your community. Can get exemptions from volunteering if you need it. **Eligibility:** Sign up on their website or call to find the percent peichborhood leastion to sign

find the nearest neighborhood location to sign up.

**Cost:** Depends on quantity of food ordered.

# **GENERAL HEALTH SERVICES**

There are many health care centers throughout Philadelphia. They will all see uninsured, under-insured, and undocumented individuals for sick and well visits, but take most forms of private insurance, medical assistance and CHIP.

For general information about available services, or to find out where a Health Care Center in your area is located, call (**215**) **685- 6790**, Monday - Friday, 8:30 am - 5 pm. Many of the centers have staff who speak Spanish, Vietnamese, Cambodian, Russian and other languages. Some of the health care centers provide free dental services. Call the main number to find out which one is closest to you.

Philadelphia Citizens for Children and Youth (PCCY) will help you and your family apply for free or low cost health insurance, get health care for children with special needs, and help you find ways to pay for prescription drugs. Call (215)563-5848 x17 to access their services.

# Philadelphia public health centers:

Health Center 2 (South Philadelphia) Constitution Health Plaza 1930 South Broad St, Unit #14 Philadelphia, PA 19145 Medical Appointments: 215-685-1803 Dental Appointments: 215-685-1822 <u>SEPTA</u> routes 29, C and Broad Street Line Language Services: Cambodian, Indonesian, and Vietnamese interpreters are on-site. Other language interpreters are available by telephone. Hours

8:00 am - 4:30 pm / Mon, Tue, Fri 7:30 am - 4:30 pm / Wed 8:00 am - 7:30 pm / Thu 8:00 am - 12:00 pm / Sat

Health Center 3 (West Philadelphia) 555 South 43<sup>rd</sup> Street Philadelphia, PA 19104 Medical Appointments: 215-685-7504 Dental Appointments: 215-685-7506 <u>SEPTA</u> routes 11, 13, 30, 34, 36, and 42 Hours 7:30 am - 8:00 pm / Mon 7:30 am - 5:00 pm / Tue-Fri

<u>Health Center 4</u> (West Philadelphia) 4400 Haverford Ave Philadelphia, PA 19104 Medical Appointments: 215-685-7601 Dental Appointments: 215-685-7605 Public transportation: <u>SEPTA</u> routes 10, 30, 40, 64 and Market-Frankford El **Hours** 8:00 am - 4:30 pm / Mon, Wed, Thu, Fri 8:00 am - 8:00 pm / Tue

Health Center 5 (North Philadelphia) 1900 North 20<sup>th</sup> Street Philadelphia, PA 19121 Medical Appointments: 215-685-2933 Dental Appointments: 215-685-2938 Hours: 7:30 am - 5:00 pm / Mon, Wed, Thu, Fri 8:00 am - 8:00 pm / Tue Public transportation: <u>SEPTA</u> routes 3, 33, and 39 Hours 7:30 am - 5:00 pm / Mon, Wed, Thu, Fri 8:00 am - 8:00 pm / Tue

Health Center 6 (Fishtown/Northern Liberties) 301 West Girard Avenue Philadelphia, PA 19123 (<u>map</u>) Medical Appointments: 215-685-3803 Dental Appointments: 215-685-3816 Public transportation: <u>SEPTA</u> routes 15, 47, 57 and Market-Frankford El Language Services: Albanian and Spanish interpreters are on-site. Other language interpreters are available by telephone.

### Hours

8:00 am - 4:30 pm / Mon, Tue, Thu, Fri 8:00 am - 8:00 pm / Wed

Health Center 9 (Germantown) 131 E. Chelten Avenue Philadelphia, PA 19144 (<u>map</u>) Medical Appointments: 215-685-5701 Dental Appointments: 215-685-5738 Public transportation: <u>SEPTA</u> routes 23, 26, and 65 and Chestnut Hill East train Hours

8:00 am - 4:30 pm / Mon, Tue, Thu, Fri 8:00 am - 7:30 pm / Wed

Health Center 10 (Northeast Philadelphia) 2230 Cottman Avenue Philadelphia, PA 19149 (<u>map</u>) Medical Appointments: 215-685-0639 Dental Appointments: 215-685-0608 Public transportation: SEPTA routes 58 and 70 Language Services: Chinese, French, Spanish, and Haitian Creole interpreters are on-site Monday-Thursday. Other language interpreters are available by telephone. Hours 8:00 am - 5:00 pm / Mon-Fri 5:00 pm - 8:00 pm / Wed (adult clinic; pediatric clinic)

#### Strawberry Mansion Health Center

2840 Dauphin Street
Philadelphia, PA 19132 (map)
Medical Appointments: 215-685-2401
Public transportation: <u>SEPTA</u> routes 7, 48, and 39
Does not offer dental appointments
Hours
8:00 am - 4:30 pm / Mon-Fri
8:00 am - 7:30 pm every other Thu

#### HOUSING/SHELTER

# ACHIEVING INDEPENDENCE CENTER (DHS)

701 Market St., C-18 Philadelphia, PA 19106 **Phone:** (215)574-9194 Fax: (215)574-9196 Services: Youth enrolled in AIC receive housing counseling and referrals through Women's Community Revitalization Program (WCRP). The program is for youth transitioning out of the foster care system and provides group instruction on matters such as housing, employment, education, computer literacy, life skills, and healthy relationships. Each youth is assigned a coach and completes an individualized goal plan. Eligibility: Youth must be between 16-24 years old and be in or have been in out-ofhome placement at the age of 16. **Referral Process:** DHS referral required. Youth

may go to intake at AIC without previous DHS referral.

**Cost:** Covered by DHS.

# COVENANT HOUSE CRISIS SHELTER

31 East Armat Street Philadelphia, PA 19144 **Phone:** (215)951-5411 **Services:** Emergency shelter for homeless, runaway, and trafficked youth. They provide and job readiness programs, GED tutoring, a health clinic affiliated with CHOP, social workers, food, clothing, and optional pastoral ministry. There is also a Rights of Passage (ROP) center where youth can live while learning to be self-sufficient. There are life skills classes at ROP, including budgeting, cooking, cleaning, and time management. **Eligibility:** Youth 21 and under. **Cost:** Free.

# **MOTHER/BABY PROGRAMS (DHS)**

1515 Arch StreetPhiladelphia, PA 19102Phone: (215)683-4347Services: DHS contracts out to other programs that work with teenage foster children to find

apartments and provide supported independent living. Eligibility: Teen parents in DHS custody. Referral Process: DHS referral required. Cost: Covered by DHS.

# OFFICE OF EMERGENCY SHELTER AND SERVICES

Monday to Friday 8am-4pm: 141 North Juniper Street Philadelphia, PA 19106 **Phone:** (215)686-7150 After 4pm and weekends:

# Salvation Army Eastern Pennsylvania

701 N. Broad Street Philadelphia, PA 19123 **Phone:** (215)787-2978 **Services:** intake for emergency shelter for single women, heads of household with children (men or women), and families. **Eligibility:** Anyone **Cost:** Free.

# PATHWAYS PA

5013 Hazel Avenue Philadelphia, PA 19143 **Phone:** 215-397-4287 Web: www.pathwayspa.org **Services:** Offers emergency shelter for girls 13 to 17 years old. Drop-in lounge for girls open from 4 p.m. to 7 p.m. on Tuesdays and Thursdays. **Eligibility:** Girls 13-17 years old. **Cost:** Free.

### **PEOPLE'S EMERGENCY CENTER**

3902 Spring Garden Street
Philadelphia, PA 19140
Phone: (267)777-5867
Rowan House (Transitional Housing):
325 N. 39<sup>th</sup> Street
Philadelphia, PA
Web: www.pec-cares.org
Services: PEC is an emergency shelter
providing food, clothing, healthcare, school
supplies, books, and shelter to homeless women,
teens and children. Can accept unaccompanied
teen mothers and teens placed by DHS. The
Teen Program provides teens between the ages
of 12-18 with case management and helps them
attend GED programs or local schools, and

participate in recreational and educational enrichment programs. Similar services are provided to adults over the age of 18 and their children. They have a 6-room facility for 17-21 year old parents. Their Center for Employment & Training provides help for individuals pursuing a GED; pregnant and parenting teens can take advantage of this resource. **Eligibility:** Adults over the age of 18 and their children, or unaccompanied teens over the age of 12. **Cost:** Free.

### SALVATION ARMY ELIZA SHIRLEY

1320 Arch Street Philadelphia, PA Phone: (215)568-5113 Services: Eliza Shirley provides emergency shelter and nutritious meals for homeless single women and families.

# SUPERVISED INDEPENDENT LIVING (DHS)

1515 Arch Street Philadelphia, PA 19102 **Phone:** (215)683-4347 Services: Houses teens: 21 teens housed in West Philadelphia and 6 housed in Upper Darby. **Eligibility:** Between 16-21 years of age, though 18 is the cut-off without an extension. The program allows young adults to experience living on their own while still providing comprehensive support. Representative supports include paid rent and utilities, SEPTA passes, educational and employment support, monthly stipends, and one-on-one life skills development. Youths aging out of the system can continue their apartment lease. Referral Process: Must be referred by DHS.

**Referral Process:** Must be referred by DHS. **Cost:** Covered by DHS.

# VALLEY YOUTH HOUSE

Supportive Housing Program (PSHP) 437 Chestnut Street, Suite 615 Philadelphia, PA 19106 **Phone:** (215) 925-3180 **Fax:** (215) 925-2953 **Services:** PSHP participants reside in scatteredsite apartments throughout Philadelphia. Throughout the program, case management services are provided to all participants by a Life Skills Counselor. The type and scale of services is determined by participant's individual service plan and will address education, employment, housing and other life skills. Participants remain in the program for up to 24 months, assuming they comply with program rules and expectations, and take an increased responsibility for paying rent and other living expenses. At the end of the program term, participants have the option of remaining in their apartments. Other services provided include: Life skills education, job attainment activities, educational and vocational services, alcohol and other drug prevention education, mental health treatment, and health care. The overall goal of the program is to assist the participants in achieving self-sufficiency.

**Eligibility:** Young adults, ages 17-21, referred by the Achieving Independence Center (AIC). **Referral Process:** Enrollment at AIC. **Cost:** Free

# WOMEN AGAINST ABUSE SHELTER Hotline: (215)386-7777

Services: Women Against Abuse provides the only 24-hour emergency shelter for domestic violence victims in Philadelphia (stay for up to 90 days). There are two shelters, called "emergency safe havens." The shelters' locations are kept secret to protect the women staying there. Call the confidential 24 hour hotline if you need to go to the shelter or if you want over-the-phone counseling. At the shelter, housing counselors assist in finding more permanent housing as well as provide a transitional housing site (Sojourner House), individual and group counseling, three meals a day, children's health assessment, on-site child care, after school and summer school programs, an early learning center for pre-school aged children, adult education and job readiness referrals, and community resource information and referrals.

**Eligibility:** Victims of domestic violence who are age 18 and older (if they are under 18 they must be emancipated) and their children.

Cost: Free.

# YOUTH EMERGENCY SERVICES (YES) RUNAWAY YOUTH PROGRAM (RYP)

Youth Services. Inc. 1526 Fairmount Avenue Philadelphia, PA 19130 **Phone:** (215)787-0633 Toll Free Number: 1(800)371-SAFE Services: Provides a 24-hour emergency shelter for homeless and runaway youth. There is a 14 day temporary shelter program for runaway youth who are not referred by DHS, and a 30 day temporary shelter program for youth referred by DHS. A licensed teacher teaches school classes from 9-12 and a - social worker is available for counseling from 9-5. The shelter provides medical exams and follow-up, mental health services, voluntary and confidential HIV/AIDS testing, counseling, and supervised recreational programs. YES also runs a City of Philadelphia-funded project to provide transportation home for status offenders and releasable youth who have not been picked up from police custody by a parent or guardian. Eligibility: Youth12-18 years of age. Pregnant teenagers are welcome, but the shelter cannot accept children.

**Referral Process:** DHS referral required for 30 day stay, no referral necessary for 14 day stay. **Cost:** Free.

# **CRISIS NURSERIES**

Baring House (West Philadelphia)
3401 Baring St.
Philadelphia, PA 19104
Phone: 215-386-0251
(24 hours)
Sally Watson Center (Germantown)
5128 Wayne Avenue
Philadelphia, PA 19144
Phone: 215-844-6931
(Monday-Friday, 7AM-6PM)

# **LEGAL SERVICES**

#### **ACLU-PA**

P.O. Box 60173
Philadelphia, PA 19102
Phone: (215)592-1513 Ext. 1
Fax: (215)592-1343
Web: www.aclupa.org
Services: Litigation in support of individuals whose civil liberties have been violated.
Eligibility: Violation must have occurred in PA.
Process: No referral necessary.
Cost: Free.

# AIDS LAW PROJECT

1211 Chestnut Street Suite 600 Philadelphia, PA 19107 **Phone:** (215)587-9377 (English & Spanish) Fax: (215)587-9902 Web: www.aidslawpa.org Services: Provide legal services to individuals with HIV/AIDS pertaining to: AIDS discrimination, access to health care, wills. Living wills and powers of attorney, Social Security disability benefits, welfare benefits, insurance coverage, housing, financial issues and debt, family law, immigration. Eligibility: Individuals with HIV/AIDS Referral Process: No referral necessary. Cost: Free.

# **COMMUNITY LEGAL SERVICES**

1424 Chestnut Street
Philadelphia, PA 19102
Phone: (215)981-3700
1410 W. Erie Ave
Philadelphia PA, 19140
Phone: 215-227-2400
Web: www.clsphila.org
Services: Free legal services to low-income individuals and families concerning parental rights, housing, employment, public benefits, consumer rights, and utilities
Eligibility: Low income individuals and families.
Referral Process: No referral necessary.

**Cost:** Free.

# DEFENDER ASSOCIATION OF PHILADELPHIA

1441 Sansom Street Philadelphia, PA 19102 Phone: (215)568-3190 Fax: (215) 557-4935 Contacts: Lisa Campbell, Assistant Chief of Juvenile Unit (267)765.6571 Juvenile expungement hotline: 267-765-6770 Services: Provide court appointed defense lawyers for individuals in the delinquency or edult criminal justice system. The Child

adult criminal justice system. The Child Advocacy Unit represents children in dependency cases and the Juvenile Unit represents children in delinquency cases. **Eligibility:** Individuals who are involved in the criminal justice system. **Referral Process:** Court must appoint public defender.

Cost: Free.

# DEPENDENT COURT OPERATIONS

Philadelphia Family Court
1501 Arch St.
Philadelphia, PA 19102
Phone: 215-686-411
Services: Call to find out the date of your next
court hearing, or the name and phone number of
your child advocate attorney or your attorney
representing you as a parent.
Eligibility: individuals party to a dependency
case.
Referral Process: No referral necessary.
Cost: Free.

# **DISABILITY RIGHTS NETWORK**

1315 Walnut Street
The Philadelphia Building, Suite 500
Philadelphia, PA 19107
Phone: 215-238-8070
Fax: 215-772-3126
E-mail: drnpa-phila@drnpa.org
Web: https://www.drnpa.org/
Services: Provide legal consultation and representation in negotiations, administrative hearings and court proceedings for individuals

with disabilities and their families who are facing discrimination on the basis of disability and access to needed services. **Eligibility:** Must be a PA resident with a disability who has been discriminated against because of that disability. **Referral Process:** No referral necessary. **Cost:** Free.

# EDUCATION LAW CENTER

1315 Walnut Street, 4th Floor
Philadelphia, PA 19107
Phone: (215)238-6970
Web: www.elc-pa.org
Services: Provide over-the-phone legal advice to parents, children, and advocates regarding the rights of children in the public school system in Philadelphia (and throughout the state).
Questions covered include: special education, early intervention for children with disabilities, school discipline, residency, rights of English language learners, and rights protected by the No Child Left Behind Act.
Eligibility: Anyone.

**Referral Process:** No referral necessary. **Cost:** Free.

# HIAS PA

2100 Arch St., 3rd Floor Philadelphia, PA 19103 Phone: (215)832-0900 Fax: 215-832-0919 Web: http://hiaspa.org **Services:** Direct legal services in the following areas: immigration counseling and representation; family reunification visas; political asylum; adjustment of status; employment authorization; relief from removal/deportation; naturalization; replacement of documents; travel documents; extension/change of non-immigrant status Eligibility: Low-income, Southeastern PA Process: No referral necessary. Cost: Free.

# HOMELESS ADVOCACY PROJECT

1429 Walnut St. 15<sup>th</sup> Floor Philadelphia, PA 19102 **Phone:** (215)523-9595 Web: www.homelessadvocacyproject.org Services: Free legal services to homeless individuals and families. Eligibility: Individuals living in homeless shelters or transitional homes. Referral Process: No referral necessary. Cost: Free.

# JUVENILE LAW CENTER

1315 Walnut Street, 4th Floor Philadelphia, PA 19107 **Phone:** (215) 625-0551

Web: www.jlc.org

**Services:** Works on behalf of children involved with public agencies, for example, abused or neglected children placed in foster homes, delinquent youth in treatment facilities or adult prison, or children in placement with specialized service needs.

**Eligibility:** JLC represents a limited number of youth involved with the juvenile justice and child welfare systems.

**Referral Process:** JLC does not have an open intake process for accepting new clients. **Cost:** Free.

# LEGAL CLINIC FOR THE DISABLED

1513 Race Street
Philadelphia, PA 19102
Phone: (215) 587-3350
Fax: (215)587-3166
Web: www.legalclinicforthedisabled.org
Services: Provide legal services for low- income individuals with physical disabilities in matters such as domestic violence proceedings, consumer protection, public benefits, insurance claims, Social Security disability, ADA, and domestic relations.

**Eligibility:** Low-income residents of Philadelphia and the surrounding counties. **Referral Process:** No referral necessary. **Cost:** Free.

# MAZZONI CENTER LEGAL SERVICES

21 S. 12<sup>th</sup> St. 8<sup>th</sup> Floor Philadelphia, PA 19107 **Phone:** (215)563-0657 **Fax:** (215)563-0748 **Web:** http://www.mazzonicenter.org/ **Services:** Issues related to LGBT rights including elder issues; employment discrimination/Harassment; family law/parenting issues; name changes for transgender individuals; relationship recognition and dissolution; wills/powers of attorney; youth concerns.

**Eligibility**: Low-income LGBT persons. **Process:** No referral necessary. **Cost:** Free.

# NATIONALITIES SERVICE CENTER

1216 Arch Street, 4<sup>th</sup> Floor
Philadelphia, PA 19107
Phone: (215)893-8400
Web: http://www.nationalitiesservice.org/
Services: Direct legal services for immigrants and refugees.
Eligibility: Low-income immigrants and refugees in the Philadelphia area.
Process: No referral necessary. Cost: Free.

# PENNSYLVANIA HEALTH LAW PROJECT

Corn Exchange Building, Suite 400 123 Chestnut St. Philadelphia, PA 19106 Helpline: 1(800)274-3258 **Phone:** (215) 625-3663 Fax: (215) 625-3879 **E-mail:** staff@phlp.org Web: www.phlp.org Services: Provide legal services and advocacy to individuals having trouble accessing publicly funded health care coverage or services. Assist in obtaining public health care, finding a doctor, getting prenatal and OB/GYN care, appealing denials of services, and other health related concerns. Eligibility: Anyone.

**Referral Process**: No referral necessary. **Cost**: Free.

### PHILADELPHIA LEGAL ASSISTANCE

718 Arch St. Suite 300 N.
Philadelphia, PA 19102
Phone: (215)981-3800
Web: www.philalegal.org
Services: Provides legal services to low- income individuals and families concerning, welfare, food stamps, medical assistance, family law including child custody, child support and

protection from abuse, unemployment compensation and bankruptcy. **Eligibility:** Low-income individuals and families (must meet PLA income guidelines) who are Philadelphia residents. **Referral Process:** No referral necessary. If the individual is not a Philadelphia resident, but has a court case in Philadelphia, a referral from the

# PUBLIC INTEREST LAW CENTER

individual's county is required.

Cost: Free.

United Way Building 1709 Benjamin Franklin Parkway, 2nd Floor, Philadelphia, PA, 19103 Phone: (215)627-7100 Fax: (215) 627-3183 Web: www.pilcop.org Services: Accepts cases that have the potential to help large numbers of people in current project areas – education, healthcare, neighborhood and community health, housing, employment and voting rights. Eligibility: Cases primarily affecting people in the Philadelphia area. Process: No referral necessary. Cost: Free.

# SUPPORT CENTER FOR CHILD ADVOCATES

1900 Cherry Street Philadelphia, PA 19103 Phone: (267) 546-9200 Fax: (267) 546-9201 Web: www.advokid.org Services: Provides legal representation and social work services for children involved in the civil dependency system, child victims of adult perpetrators, children living with a relative caregiver, medically needy children and children living in homes where there is domestic violence. Assist in obtaining SSI benefits for clients.

**Eligibility**: Children ages 0 to 21 involved in dependency and certain criminal cases, medically needy, live with a relative caregiver, or in a home where there is domestic violence. **Referral Process:** Court must appoint child advocate, except for children living with a relative caregiver. **Cost:** Free.

# WOMEN AGAINST ABUSE LEGAL CENTER

100 S. Broad Street, Suite 1341 Philadelphia, PA 19110 Phone: (215)386-1280 Hotline: 1(800)-723-3014 Web: www.womenagainstabuse.org **Services:** The Legal Center provides legal advocacy and representation for victims of domestic violence (protections from abuse, child custody and support, immigration, and counseling as to legal options). Confidential 24hour hotline to answer questions or offer counseling; answer legal questions relating to abuse and assist in filing a petition Eligibility: Victims of domestic violence and their children who meet WAA's income guidelines.

**Referral Process:** No referral necessary. **Cost:** Free.

# WOMEN'S LAW PROJECT

125 South 9th Street, Suite 300
Philadelphia, PA 19107
Phone: (215)928-9801
Fax: (215)928-9848
E-mail: info@womenslawproject.org
Web: www.womenslawproject.org
Services: Provides over-the-phone intensive self-help information about relevant procedures and laws, and refer callers to agencies offering representation. Counselors guide callers through

complex systems and procedures for the issues of Reproductive Rights, Family Law, Welfare, Violence Against Women, Sex Discrimination, and Lesbian and Gay Rights. They perform intake by phone Monday through Friday, from 9:00am to 5:00 pm. An intake worker takes a message and a counselor calls in one to seven days. They cannot accept walk-in clients. **Eligibility**: Anyone.

**Referral Process:** No referral necessary. **Cost:** Free.

# YOUTH SENTENCING & REENTRY PROJECT

123 South Broad St. 25<sup>th</sup> Floor Philadelphia, PA 19109 **Phone:** (215) 804-9093 **Fax:** (267) 543-7939

**Services:** YSRP is a resource center for lawyers representing kids in the adult criminal justice system.

There are two primary components to YSRP's work: aiding attorneys with juvenile clients facing adult charges at the decertification and sentencing stages of criminal trials and supporting incarcerated youth and their families as they plan for reentry into society from prison. YSRP aims to bring the community back into the court process and restore the humanity of the individual charged.

**Eligibility:** Children in the adult criminal justice system.

**Referral Process:** No referral necessary. **Cost:** Free

# MENTAL HEALTH SERVICES

**Community Behavioral Health (CBH)** is an organization run by the city of Philadelphia which both provides insurance coverage for low-income individuals on medical assistance and refers individuals to drug and alcohol and behavioral health treatment services in Philadelphia.

# You can call CBH at 1(888)545-2600 to find out more information about coverage for services, or for help finding a referral.

# BELMONT CENTER FOR COMPREHENSIVE TREATMENT

4200 Monument Road Philadelphia, PA 19131 Phone: (215)877-2000 Fax: (215)879-2443

**Services**: Provide services for the treatment of mental health and substance addictions disorders in children (5-12), adolescents (12-17) and adults (18 and over). Programs are offered on an inpatient and outpatient basis. The Eating Disorder Clinic provides inpatient and outpatient services to women over the age of 12. **Eligibility**: Anyone.

**Referral Process**: Referral requested for inpatient services, but not for outpatient services.

Cost: Public insurance and private insurance.

#### THE CONSORTIUM

Main Office 3751 Island Avenue, 3<sup>rd</sup> floor Philadelphia, PA 19153 Phone: (215)596-8100 Adult Mental Health Services 5501 Chestnut Street Philadelphia, PA 19143 **Phone:** (215)596-8400 Children and Adolescent Mental Health Services 26 South 40<sup>th</sup> Street Philadelphia, PA 19104 Phone: (215)596-8300 Services: The Woodland Avenue location provides mental health and drug and alcohol services for adults over 18. The Family Preservation Program is a dual diagnosis program for women (over age 18) and their children (under age 14). The South 40<sup>th</sup> Street location provides mental health and drug and alcohol services for youth ages 5-18, as well as a school-based program in the Morton and

Longstaff schools. All sites have intensive case managers. For adults with special difficulty living "normal" day-to-day lives, there is an adult day care center called SEEDS where breakfast and lunch are provided as well as continuities care.

Eligibility: Anyone.

**Referral Process:** No referral necessary. **Cost:** Cost covered by public and private insurance, or cost is on a sliding scale. You will not be turned away.

### **KIRKBRIDE CENTER**

111 North 49th Street
Philadelphia, PA 19139
Phone: (215)471-2000
Web: www.kirkbridecenter.com
Services: The adult in- patient (residential)
psychiatric program provides psychiatric
treatment to individuals from ages 18 to the
elderly with acute major psychiatric and dual
diagnosis disorders.
Eligibility: Individuals age 18 and over for the
adult drug and alcohol or psychiatric program.

**Referral Process**: No referral necessary. **Cost**: Cost covered by CBH or Magellen.

# NORTHWESTERN CENTER

For Adults 6429 Germantown Ave. Philadelphia, PA 19144 Phone: (215)843-6200 For Adolescents 27 E. Mt. Airy Philadelphia, PA 19119 Phone: (215)248-6700 Web: www.nhsonline.org Services: The Germantown location only sees adults over the age of 18: Partial program drug rehab, and drug and alcohol program, drop-in center for NHS consumers, which provides outpatient social rehab site with activities, trips and help with reintegration into community. The Mt. Airy location is for children under 21 years of age: They provide behavioral health and rehabilitation services, family based (in the home or community) for youth under 21 in threat of hospitalization, and in-home services to children ages 12-21 (referral only). **Eligibility**: Adults over age 18 for the Germantown location; children under 21 for the Mt. Airy location. **Referral Process**: No referral necessary. **Cost**: Covered by CBH (Keystone, Health

Partners and AmeriChoice)(cannot accept private insurance).

# PATH, INC.

8220 Castor Avenue Philadelphia, PA 19152 **Phone:** (215)728-4600

**Services**: PATH provides a large selection of programs: Mental health outpatient services for youth (age 5-21) and their families; Family-based mental health program that includes intensive in-home therapy with family as a whole and one-on- one therapy; Specialized outpatent mental and behavioral health program in Huntingpark school; Residential treatment program for 8 males age 17-20 with behavioral, mental health and other issues.

Eligibility: Northeast Philadelphia residents. Referral Process: CBH (for residential treatment facilities), OBH (for family-based and case management programs). No referral is necessary for outpatient programs. Cost: Covered by Medical Assistance, not

by private insurance.

# PHILADELPHIA HEALTH MANAGEMENT CORPORATION (PHMC)

260 South Broad Street, 18th Floor Philadelphia, PA 19102 **Phone:** (215)985-2500 **Email:** info@phmc.org

**Services**: Parent organization which runs over 200 programs providing outreach, education, research, planning, technical assistance, and direct services.

**Eligibility**: Low income individuals. **Referral Process**: Depends on the organization. Generally go through the Criminal Justice system, Philadelphia Family Court, or a wide range of behavioral health treatment programs. **Cost**: Depends on the organization.

# WARREN E. SMITH (WES) HEALTH CENTERS

Main Location 1315 Windrim Avenue Philadelphia, PA 19141 **Phone:** (215)456-2626 (central intake) <u>Adult Outpatient Center</u> 2514 North Broad Street Philadelphia, PA 19132 **Phone:** (267)256-2501 **Services:** Provide mental health out- patient services for adults; Child and Family Program provides mental health services for children including behavioral health rehabilitation (wraparound) and family based services: intallectual

around), and family-based services; intellectual disability services for children including an early intervention program. The central Windrim Avenue location provides mental health and substance abuse services. The four other locations provide only mental health services. **Eligibility**: Anyone.

**Referral Process**: No referral necessary. **Cost**: Cost covered by public insurance.

# **PARENTING EDUCATION**

The following is a list of parenting classes specifically for expecting or parenting teenagers. There are many parenting classes offered throughout Philadelphia, some are general and some are specifically for different groups (Spanish speakers, rape victims, families with mental health issues, families with an incarcerated parent, etc). To find other parenting classes, go to www.phillysos.org.

# ADULTS IN THE MAKING PROGRAM

Shalom. Inc. 1080 North Delaware Avenue Philadelphia, PA 19125 **Phone:** (215)425-7727 Contact: Lena Dolan Web: www.shalominc.com Email: info@shalominc.com Services: Program in 9 Philadelphia Catholic High Schools provides individual and group discussion sessions, and networks with maternity service projects, adoption counseling services, health care services, financial assistance services. In addition, the program strives to prevent teen pregnancy by providing individual, group and classroom discussion on topics such as abstinence, goal setting, refusal skills and healthy relationships. Eligibility: Enrollment in one of the 9 Philadelphia Catholic High Schools. Referral Process: Referral by high-school required. Cost: Free.

#### CASA DEL CARMEN

Family Service Center Catholic Social Services 4400 Reese Street Philadelphia, PA 19140 **Phone:** (215)329-5660 **Fax:** (215)329-6722 **Services:** Teen-parenting classes, counseling with social workers, classes on nutrition, and baby supplies are available for families (diapers, formula). All services are available in both Spanish and English. **Eligibility:** Anyone **Referral Process:** No referral necessary. **Cost:** Free.

# CHILDREN'S AID SOCIETY

Main Office 1314 Dekalb Street Norristown, PA 19401 Phone: (610)279-2755 Web: www.childrensaid.net Frankford Neighborhood Center 4173 Frankford Avenue, 2nd Floor Philadelphia, PA 19124 Phone: (215) 535-1093 Carson Valley 2300 Allegheny Ave Philadelphia, PA 19132 **Phone:** (215)225-2649 Services: Counseling with social workers. Classes can also be given in Cambodian. Eligibility: Each center serves any expecting or parenting individual in their area. Referral Process: DHS referrals accepted, however no referral is necessary. Cost: Free.

# CORA SERVICES, INC.

8540 Verree Road Philadelphia, PA 19111 **Phone:** (215)342-7660 **Services:** Teen Parent Program provides child birth education and childbirth classes for pregnant teens as well as group and individual counseling. **Eligibility:** Anyone.

**Referral Process:** No referral necessary. **Cost:** Covered by some insurance or free for low income individuals.

# ELECT PROGRAM

Congreso de Latinos Unidos, Inc. 216 W. Somerset Street Philadelphia, PA 19133 **Phone:** (215)763-8870 (English & Spanish) **Contact:** Joy Bowman Lim, Program Manager Services: Bilingual program for

pregnant/expecting and parenting teens. Provide voluntary case management and intensive counseling, parenting classes, home visits, prenatal and postpartum education workshops and referrals to primary care practitioners, wellbaby education, mentoring, advocacy and referrals. Case management services provide help with access to childcare, WIC, food stamps, health insurance, high-school or GED enrollment, sexual health education, prevention of unplanned pregnancies, and service learning project and internship program.

**Eligibility**: For Elect program/teen parenting classes, must be between 12 and 18. Anyone over 18 can attend the adult parenting classes (for parents and caregivers). To be in Elect program, you must be in a school with an Elect program on site.

**Referral Process**: No referral necessary. **Cost**: Free.

# FAMILY SCHOOL

5322 Woodland Avenue Philadelphia, PA 19142 **Phone:** 215.307.3732 **Services:** 6-9 month intensive parenting skills course for parents and children. 12 week long parenting collaborative. Parents and children attend each session, which includes separate activities and joint activities. Classes meet twice a week from 9:00am-2pm. Breakfast, lunch, and tokens (for going and coming) provided. **Eligibility:** Families with open DHS case. **Referral Process:** DHS referral required. **Cost:** covered by DHS.

### NORTHWESTERN CENTER

27 East Mt. Airy Avenue Philadelphia, PA 19119 Phone: (215)248-6700 Fax: (215)248-3595 Web: www.nhsonline.org Services: Provide individual and family therapy for youth age 3-14. They provide behavioral health and rehabilitation services, family based (in the home or community) for youth under 21 in threat of hospitalization, and in-home services to children ages 12-21 (referral only). Eligibility: Children under 21. Referral Process: No referral necessary. **Cost**: Covered by CBH (Keystone, Health Partners and AmeriChoice) insurance (they cannot accept private insurance).

# PARENT ACTION NETWORK (DHS)

1515 Arch Street, 5<sup>th</sup> Floor
Philadelphia, PA 19102
Phone: (215)PARENTS (727-3687)
Services: 15-week teen parenting classes (for youth up to age 22). SEPTA tokens and free onsite child care is provided. Support and education groups for teen parents who are involved with DHS, for parents whose children are in DHS custody and for fathers who are involved with DHS.
Eligibility: Individuals involved with DHS or are at-risk for becoming involved with DHS.
Referral Process: DHS referral required.
Cost: Covered by DHS.

# **PROJECT PEACE**

PathWaysPA, Inc. 1711 South Broad Street Philadelphia, PA 19148 **Phone:** (610)543-5022 Contact: Sakina Salley, (484)816-0151 Services: Provides high school and college prep and support, parenting education, assistance with childcare, supportive services, Temporary Assistance for Needy Families (TANF), life skills training, employment assistance, and inhome support. Provide individual case managers for pregnant and parenting teens to assist in obtaining medical coverage, welfare benefits, housing resources, and education. Parenting classes at the Family School and the AIC Center (provide SEPTA tokens and on-site child care).

**Eligibility**: Must reside in Delaware County (and be ages 13-21) or Chester (and be ages 13-25). Case management services are only for non-DHS involved individuals.

**Referral Process**: No referral necessary. **Cost**: Free.

# TURNING POINTS FOR CHILDREN

415 South 15th Street
Philadelphia, PA 19146
Phone: (215)875-3400
Email: info@tp4c.org
Services: The "Family Partnership Program" provides in-home counseling with a social worker for new parents (with a child under age

5) to help them adjust and learn parenting skills and to connect them to other services they might need such as pediatric care, post-partum depression services, ADD evaluation, etc.; support groups for teen mothers age 12-18. **Eligibility**: Anyone. **Referral Process**: No referral necessary. **Cost**: Free.

### **TEEN PARENT RESOURCES**

# PHILADELPHIA LEGAL ASSISTANCE

718 Arch Street, Suite 3N
Philadelphia, PA 19106
Phone: (215) 981-3800 (General) (215) 981-3838 (Family Law Intake, M and W, 10-12)
Web: www.philalegal.org (General) www.philalegal.org/teenparentbook (teen parent resources)
Services: Information and advice and some direct representation in child custody, child support, and protection from abuse cases.
Eligibility: Income requirements apply.
Referral Process: No referral necessary.
Cost: Free.

# ELECT—SCHOOL DISTRICT OF PHILADELPHIA

440 North Broad Street Philadelphia, PA 19130 Phone: (215) 400-4250 (option 3) Web:http://webgui.phila.k12.pa.us/offices/e/earl ychild/proposed-programs--servicespage/elect/cradle-to-the-classroom Services: Case management and supportive services to pregnant and parenting teen moms and dad ages 21 and younger, including resource referrals and participation in relevant workshops; incentives for participation include items for your baby, gift cards, field trips for you and your baby Eligibility: School enrollment.

**Referral Process:** Through counseling services at your school, or contact ELECT directly. **Cost:** Free.

# NURSE-FAMILY PARTNERSHIP

National Nursing Centers Consortium 1080 North Delaware Avenue Suite 300 D Philadelphia, PA 19125 **Phone:** 215-287-2114 Website: www.nursefamilypartnership.org Services: Nurse-Family Partnership Nurse Home Visitors work with low-income women who are pregnant with their first child, helping them achieve healthier pregnancies and births, stronger child development, and a path toward economic self-sufficiency. A nurse visits the young mother during the pregnancy and until the child is two years old. The nurse can help with parenting skills and with finding community resources for both parents and children.

# POWER TO PARENT - EDUCATING COMMUNITIES FOR PARENTING

919 Walnut Street, 10th Floor Philadelphia, PA 19107 **Phone:** (215) 496-9780 (General Inquiries) (215) 496-9780 x203 ("Power to Parent")

**Web:** http://www.ecparenting.org/programsand-services/power-to-parent/

**Services:** "Power to Parent" classes and workshops for pregnant and parenting teens and young adults on child development; appropriate discipline; stress and anger management; health and safety; communication; life skills; goalsetting; self-esteem; and long term planning. **Eligibility:** Anyone.

**Referral Process:** No referral necessary. **Cost:** Free.

# TURNING POINTS FOR CHILDREN

415 S. 15th Street

Philadelphia, PA 19146

**Phone:** (215) 875-8200 (for General Inquiries) (215) 875-4963 (for "Time Out")

Web:http://www.turningpointsforchildren.org/in dex.php/programs.html

**Services:** "Time Out for Teens and Tots" is a parenting and support program for teen mothers and their children; counseling, participation in special events, and screening for developmental delays requiring early intervention are also available.

Eligibility: Anyone.

**Referral Process:** No referral necessary. **Cost:** Free.

# EMBRACE TEEN PREGNANCY PROGRAM—EINSTEIN HOSPITAL

1325 Tabor Road

Philadelphia, PA 19141

**Phone:** (215) 456-8914 (for more information or to register)

**Web:** http://www.einstein.edu/obstetrics-and-gynecology/teen-pregnancy/

**Services:** Einstein Hospital's teen pregnancy program, EMBRACE (Enriching Minds and Broadening Resources for Adults and Children through Education) provides pregnant and parenting teens counseling, educational workshops, and support groups.

# Eligibility: Anyone.

**Referral Process:** No referral necessary. **Cost:** Free.

# CASA DEL CARMEN

Family Service Center Catholic Social Services 4400 North Reese Street Philadelphia, PA 19140 **Phone:** (215)329-5660 **Services:** Classes on nutrition, parenting and pregnancy worker, pregnancy services, utility assistance, day care center, and after school programs. (After school programs only at northeast and southwest locations.) All services are available in both Spanish and English. **Eligibility:** Anyone

**Referral Process:** No referral necessary. **Cost:** Free.

# CATHOLIC SOCIAL SERVICES

Main Office 222 North 17th Street, 3<sup>rd</sup> Floor Philadelphia, PA 19103 **Phone:** 215.587.3614 **Email:** cssphiladelphia@chs-adphila.org **Southwest Family Services Center** 6214 Grays Avenue Philadelphia, PA 19142 Phone: (215)724-8550 Family Center (Northeast) 7340 Jackson Street Philadelphia, PA 19136 **Phone:** (215)624-5920 Services: Provides counseling with social workers and marital counseling. Also provides parenting classes, pregnancy services, and safety workshops for mother. Eligibility: Expecting parents and parents of young children. Referral Process: No referral necessary. Cost: Free.

# CORA SERVICES, INC.

8540 Verree Road Philadelphia, PA 19111 **Phone:** (215)342-7660 **Services:** Provide family therapy, marriage counseling and truancy counseling for youth ages10-14, speech tutoring, day care, out of school services.

Eligibility: Anyone.

**Referral Process:** No referral necessary. **Cost:** Covered by some insurance. Funded programs.

# **OTHER INFORMATION**

# NATIONAL RUNAWAY SAFELINE

Hotline: 1(800) 786-2929

**Services:** 24 hour hotline for anyone who has run away from home and their parents. Provides over the phone crisis intervention counseling, as well as information and referrals to services such as shelters, health services, legal services, food and transportation for teenagers who have left home, and services such as parent support groups, counseling for parents whose children have run away.

**Eligibility:** Teenagers who have run away from home and their parents, someone worried about a runaway, or trying to find someone, someone looking for information about runaways.

**Referral Process:** No referral necessary. **Cost:** Free

# UNITED WAY FIRST CALL FOR HELP HOTLINE

#### Hotline: (215)568-3750

**Services:** Hotline to help locate social and emergency services in Philadelphia. A free, easy-to-remember phone number, 2-1-1 connects people with important health and human services in their communities— for everyday needs and in crisis situations. Highly trained 2-1-1 call specialists provide information on and referrals to:

- Basic Human Needs Resources: food banks, shelters, rent and utility payment assistance
- Physical and Mental Health Resources: crisis intervention services, support groups, counseling
- Employment Support: financial assistance, job training, education programs
- Support for Older Adults and Persons with Disabilities: home-delivered meals, transportation, health care
- Youth and Child Care Programs: after school programs, summer camps, mentoring, protection services
- Regional Disaster Preparation

With one phone number, callers gain free, confidential access to thousands of programs and services that can help improve the quality of their lives. Help is available seven days a week from 8 a.m. to 8 p.m. by calling 2-1-1 (or 1-866-964-7922 in Southeastern Pennsylvania and 877-652-1148 in NJ) 24 hours a day at <u>www.211sepa.org</u> in Southeastern Pennsylvania and <u>www.NJ211.org</u> in New Jersey. TTY and language services are available in more than 170 languages and dialects.